



LUNCH

lighter portions at even lighter prices served 11-4 Tuesday thru Friday

- POWER BOWL ♥ (GF) ✓ brussels sprouts, butternut squash, corn, beans, avocado, quinoa, greens, honey dijon 7/11
 POKE BOWL ♥ (GF) ✓ mango, cucumber, edamame, tomatoes, quinoa, greens, sriracha wasabi sauce 7/11
 ADD CHICKEN 6, MARINATED TOFU 6, SPICY TUNA 8, CHILLED SHRIMP 8, SALMON 9, CRAB CAKE 12, SCALLOPS 14, STEAK 10
 CHICKEN CAESAR SALAD *grilled chicken atop chopped romaine with Caesar dressing* 10/15
 SOUP & SALAD *mixed greens or Caesar salad with bowl of today's soup or chili* 10
 FISH 'N CHIPS *Mack's IPA battered cod, coleslaw, tartar, fries* 12/20
 JAMBALAYA ♥ *shrimp, chicken, andouille sausage, creole broth, vegetables, brown rice* 12/22 Vegan w/ tofu 9/16
 PULLED PORK MACK N' CHEESE ♥ *cheddar, Monterey jack, corn, caramelized onions, bbq drizzle* 12/20
 PUB STEAK *6 oz petite bistro tender with port wine sauce, straw onions, rosemary potatoes, vegetables* 22
 WHOLE GRAIN GRILLED CHEESE *American, bacon jam, side fries* 10
 CHICKEN BITES *with fries* 8

APPETIZERS

- SOUTHWESTERN QUESADILLA *grilled chicken, peppers, black beans, corn, onions, cheddar, side salsa* 13
 SPICY TUNA SUSHI TOTS ♥ *avocado, cucumber, risotto cakes, sriracha aioli, wasabi sauce* 14
 SOFT PRETZELS ✓ *ground mustard* 8 add cheese whiz 2
 FRIED CHEESE CURDS ✓ *white cheddar, side red sauce* 9
Buffalo style, bleu cheese 11
 CHICKEN WINGS *hot, mild, gochujang, ancho chili rub*
choose jumbo 16 or boneless 12
 PHILLY CHEESESTEAK EGGROLLS ♥ *spicy ketchup* 13 add cheese whiz 2
 CRISPY BRUSSELS SPROUTS ♥ ✓ *spicy miso honey drizzle* 10
 NACHOS ✓ *jalapenos, onions, corn, black beans, tomatoes, cheddar, cilantro, crema* 12
with pulled pork, beef or chicken 16
 FRIED GREENBEANS ✓ *horseradish aioli* 11

SALADS & BOWLS

- NUTS & BERRIES SALAD ♥ (GF) ✓ *strawberries, blueberries, walnuts, feta, raspberry vinaigrette* 11
 THAI STEAK TIPS SALAD ♥ *tomatoes, cucumbers, carrots, red onions, peanuts, cilantro* 18
 MIXED GREENS or CAESAR 6/9
 ROASTED BEETS SALAD (GF) ✓ *feta, walnuts, balsamic glaze* 11
 ORGANIC ACAI BOWL ✓ *sorbet, peanut butter, berries, chia seeds, granola, coconut, honey* 15

SANDWICHES *with fries*

- SMASH BURGERS*
4 oz hand-pressed patties
 BLEU COLLAR ♥ *black pepper-crust burger patties, bleu cheese, caramelized onions, horseradish aioli* 12/16
 TODD ♥ *bacon jam, bacon aioli, American* 12/16
 KEVIN *peanut butter, bacon jam, jalapeno* 12/16
 OLD SCHOOL *American, pickles, LTO* 11/15
 *substitute 6oz grilled chicken 2
gluten free bun add 2
 NASHVILLE HOT CHICKEN ♥ *fried chicken breast, lettuce, pickles, spicy mayo* 15
 PULLED PORK SANDWICH *smoked in house, Carolina barbecue, slaw* 14
 STEAK TIPS SUB *mushrooms, caramelized onions, demi glaze, Swiss* 17
 PHILLY CHEESESTEAK *'whiz wit' (Cheese whiz and onions)* 14
 CRAB CAKE SANDWICH *lettuce, tomatoes, remoulade, coleslaw* 18

ENTREES

- BLACKENED SCALLOPS ♥ (GF) *bleu cheese risotto with prosciutto and peas* 34
 SEAFOOD PASTA *shrimp & crab with fettucine in a sherry blush sauce* 26
 FLATIRON FAJITA BOWL (GF) *8 oz steak, avocado, black beans, cheddar, peppers, onions, corn, brown rice, cilantro crema* 26
 APRICOT BOURBON SALMON ♥ *vegetables, farro* 26
 CHICKEN MARSALA ♥ *mushrooms, creamy risotto* 23
 VEGETABLE RISOTTO w/ CHICKEN (GF) *peppers, mushrooms, corn, peas* 21

♥ house favorites ✓ vegetarian (GF) gluten free Steaks and some fish may be cooked to requested degree of doneness.
 Consuming raw or undercooked seafood, meats or shellfish may increase risk of food borne illness, especially with certain medical conditions.

CURBSIDE PICKUP at www.BLUECOLLARLANC.com or 717 537-2107

